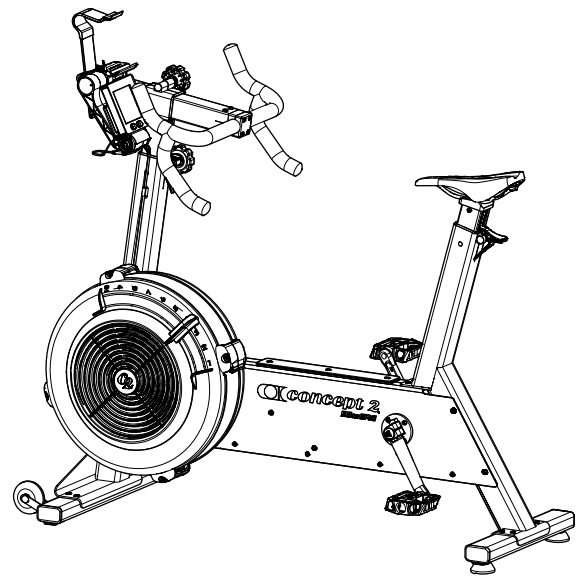
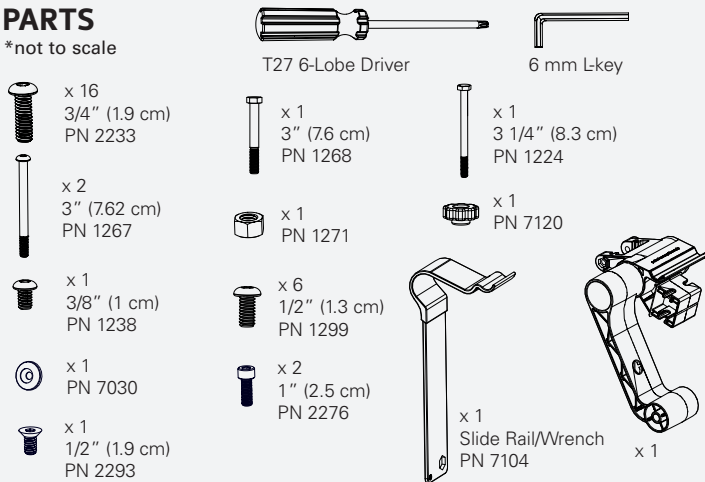


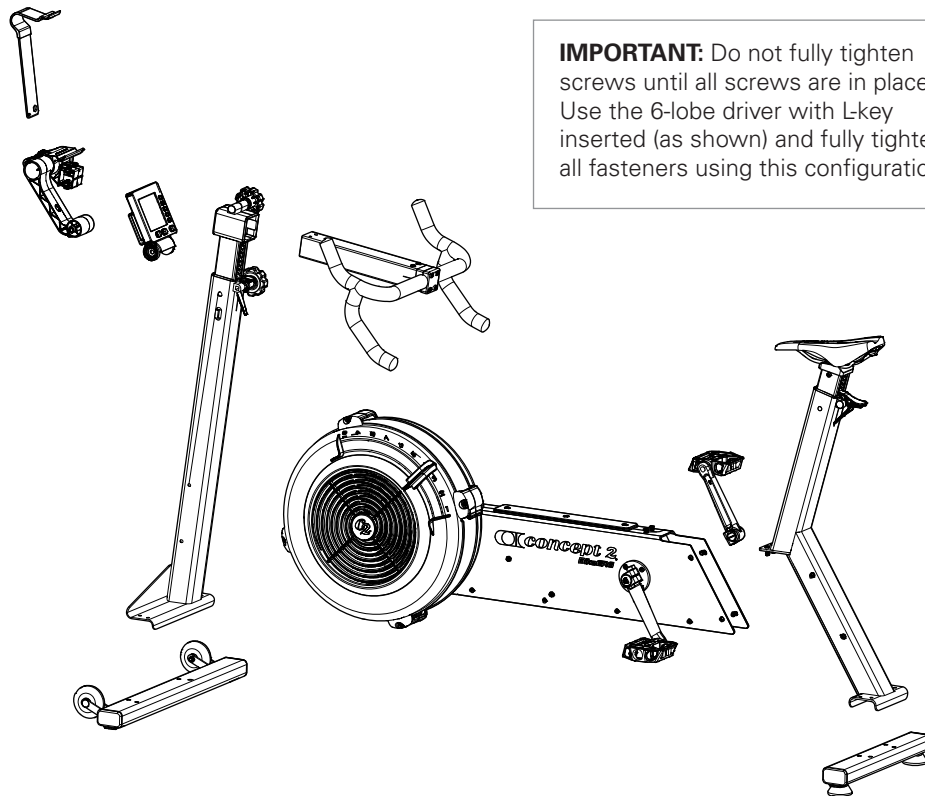
concept 2 *BikeERG* ASSEMBLY INSTRUCTIONS

PARTS

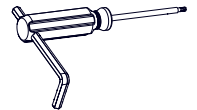
*not to scale



BikeErg weight: 68 lb (31 kg)
 Space required for use (training area): 48 in x 60 in (122 cm x 152 cm)



IMPORTANT: Do not fully tighten screws until all screws are in place. Use the 6-lobe driver with Lkey inserted (as shown) and fully tighten all fasteners using this configuration.



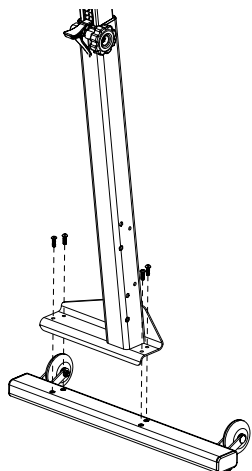
Questions? Comments? Problems?

Contact Concept2 directly at 800.245.5676 (US and Canada)
 Or visit us online: concept2.com

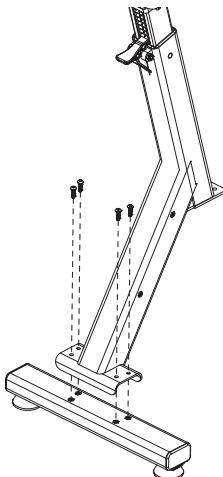
Concept2, Inc. 105 Industrial Park Drive Morrisville, Vermont USA 05661 concept2.com/contact



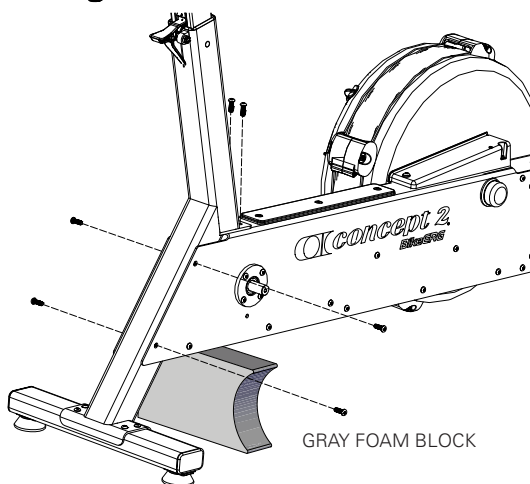
1 (4) 3/4" (1.9 cm)
PN 2233



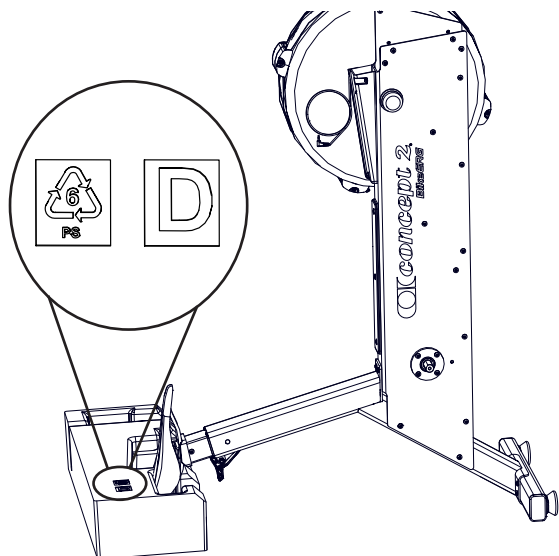
2 (4) 3/4" (1.9 cm)
PN 2233



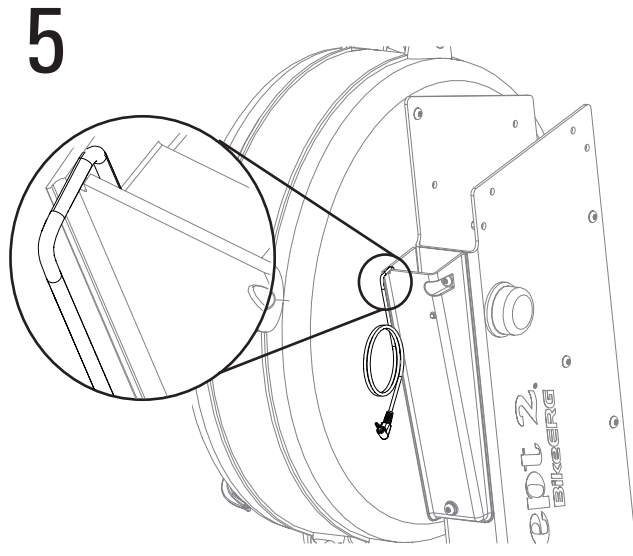
3 (6) 3/4" (1.9 cm)
PN 2233



4

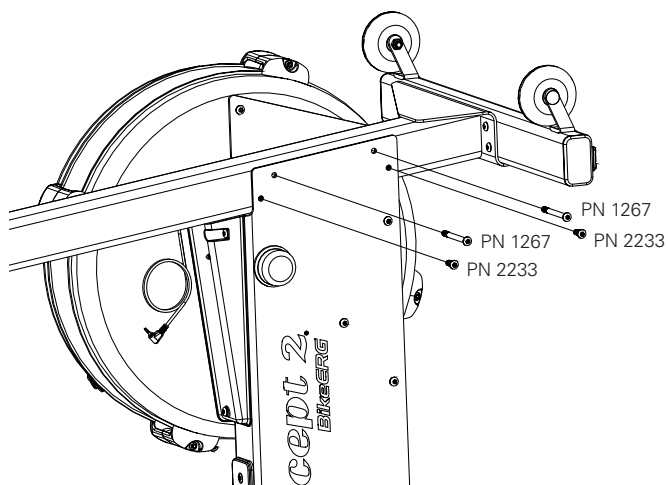


5

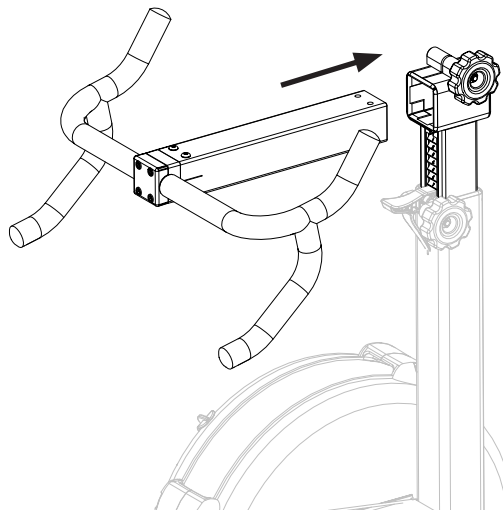


6 (2) 3/4" (1.9 cm)
PN 2233

(2) 3" (7.62 cm)
PN 1267

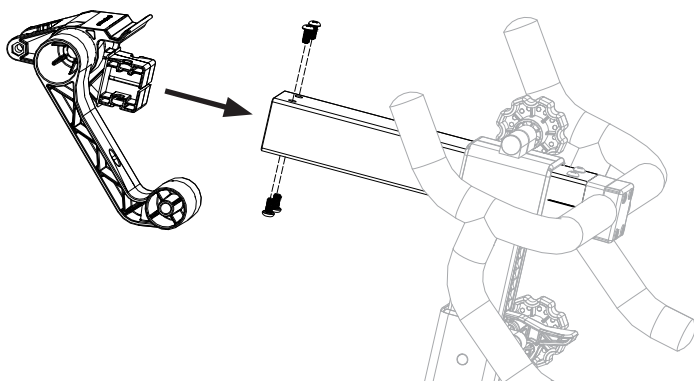


7



8

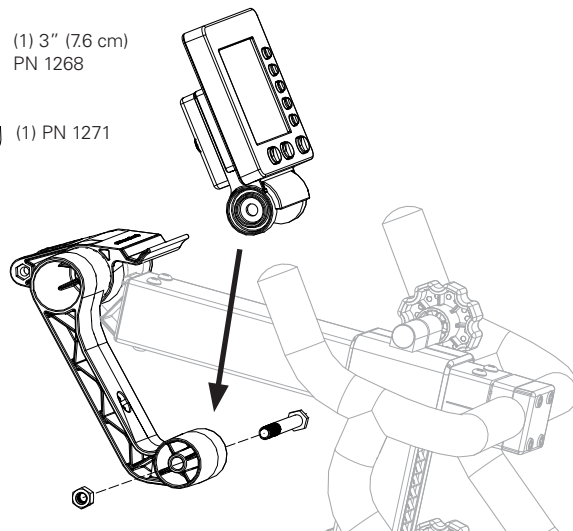
 (4) 1/2" (1.3 cm)
PN 1299



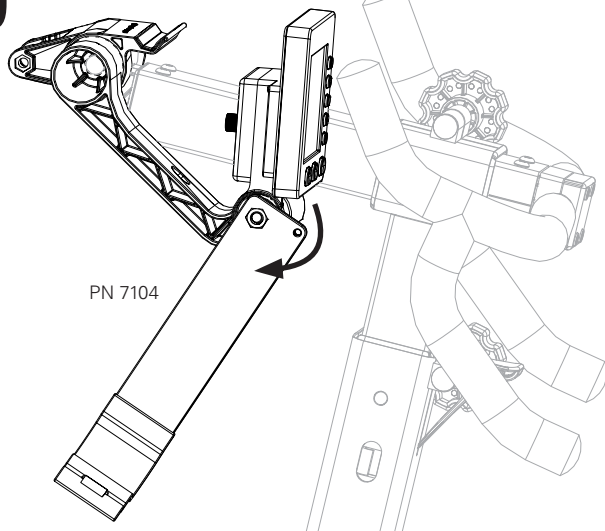
9

 (1) 3" (7.6 cm)
PN 1268

 (1) PN 1271

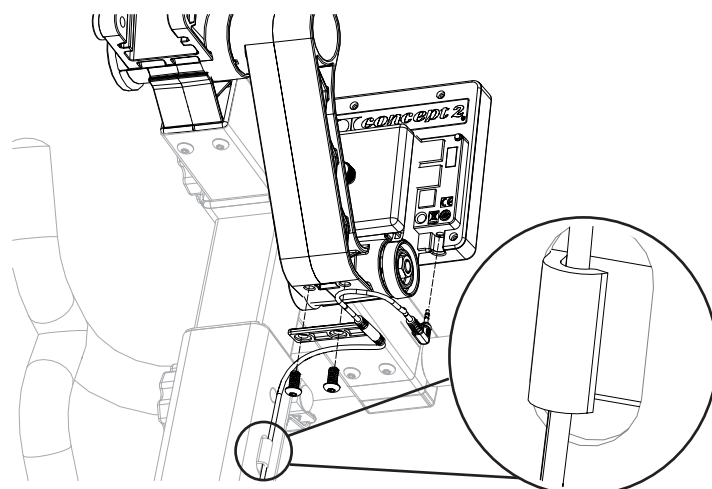


10



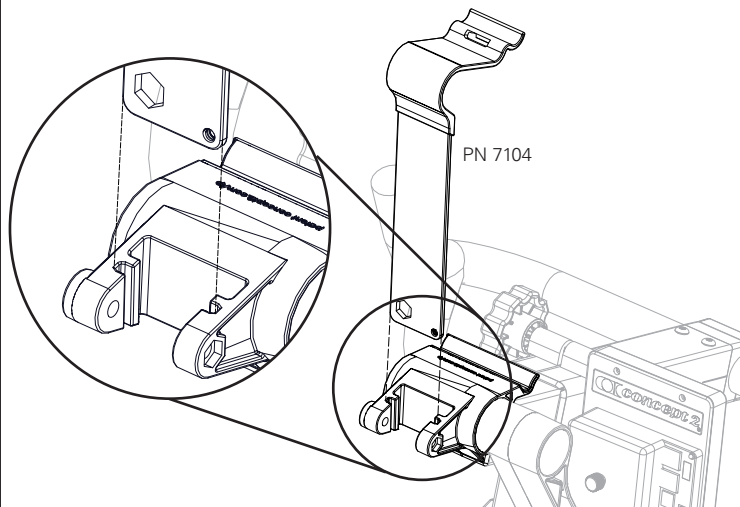
11

 (2) 1/2" (1.3 cm)
PN 1299



12

PN 7104

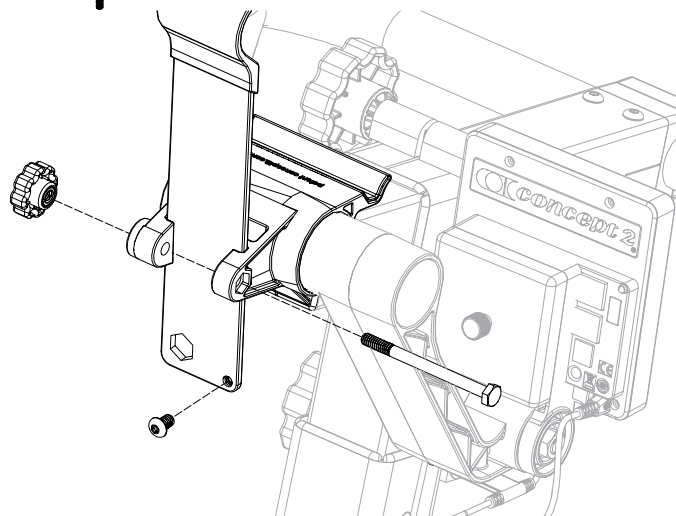


13

 (1) 3 1/4" (8.3 cm)
PN 1224

 (1) PN 7120

 (1) 3/8" (1 cm)
PN 1238



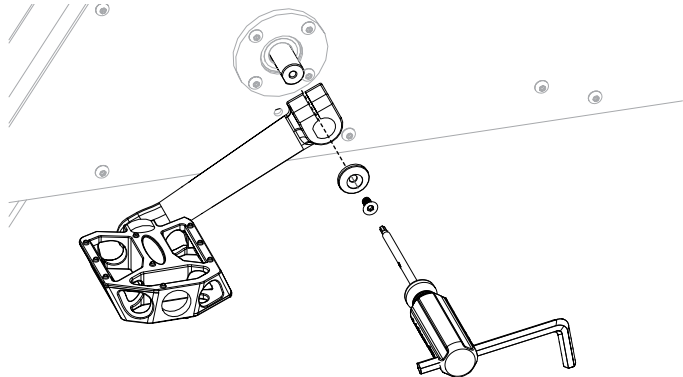
14



(1) 1/2" (1.9 cm)
PN 2293



(1) PN 7030

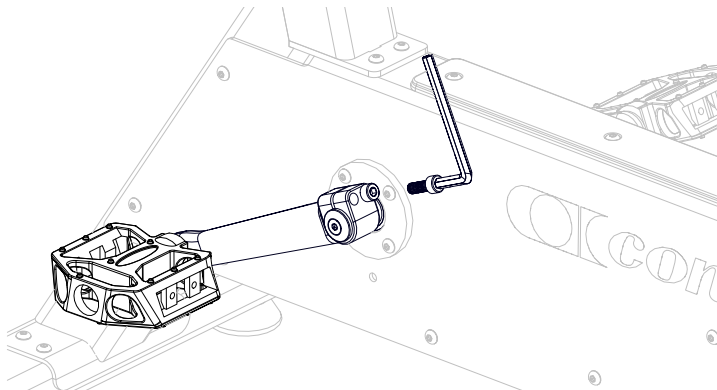


15

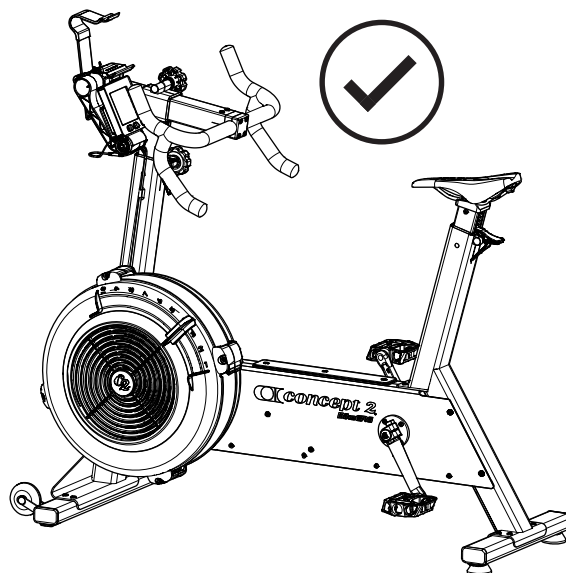
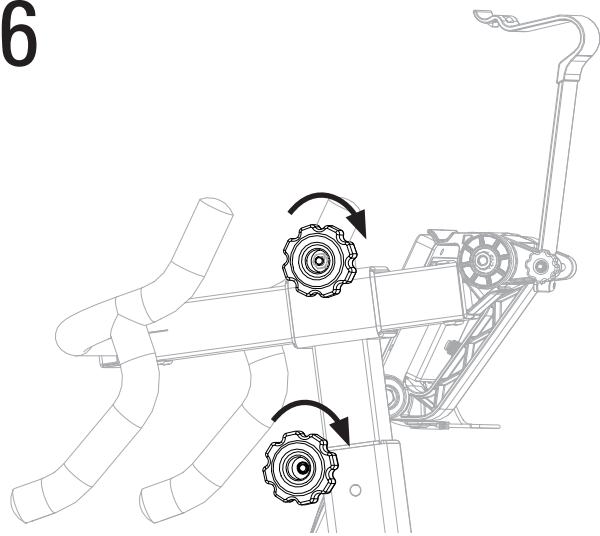


(2) 1" (2.5 cm)
PN 2276

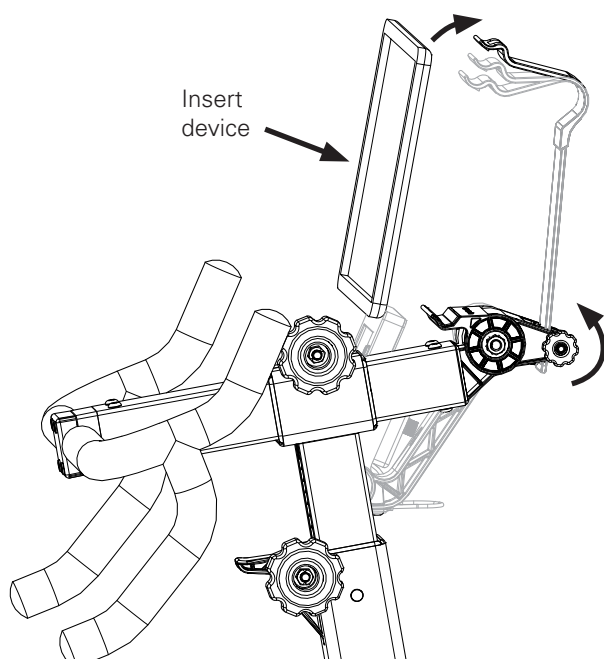
Note: Alternate tightening the fasteners 3 times each.



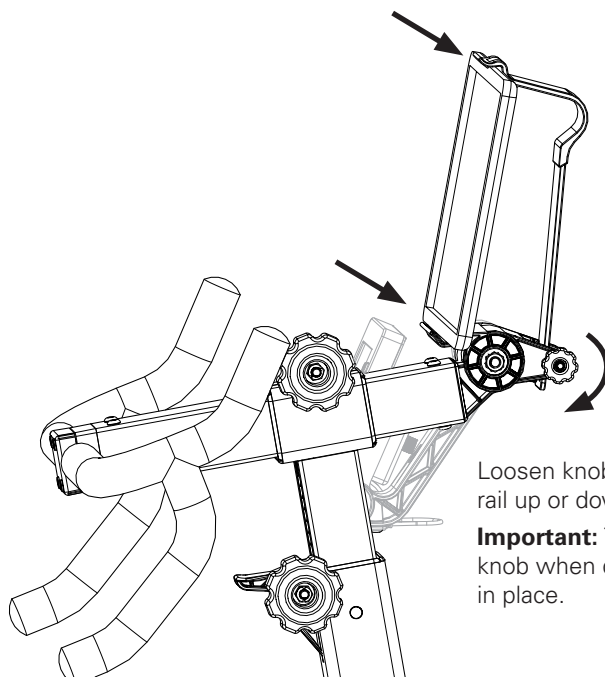
16



How to Use the Device Holder



Insert
device



Loosen knob to slide
rail up or down.

Important: Tighten
knob when device is
in place.